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Special Issue on the Cervical Spine

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Evidence based practice is a fact of professional life and though there will be modifications as the concept evolves, we will be asked to justify our very existence with evidence that our interventions are effective. This is as it should be. We should view this as a challenge, rather than shrink from it.

I have assembled an array of authors who have written a clinical commentary, a literature review, and a case problem. The topics range from evaluation and intervention in the cranio cervical region to establishing a sound basis for evaluating cervical radiculpathy. In addition, a case problem illustrates successful resolution of the radiculpathy with aggressive treatment.

Dr Robert Wainner sets the tone for the issue with an extensive review of the literature on cervical radiculpathy. A case problem by Piva et al, establishes that some clinical radiculpathies can be successfully treated with minimal intervention directed to the cervical spine. There is a fascinating look at cervicogenic dizziness by Wrisley et al, who put forward a scientific approach to diagnosis supported by case reports in this highly controversial subject area.

It has been a pleasure to work with these authors and I thank each of them for their efforts. I also wish to thank Dr Guy Simoneau, Associate Editor for special issues, for his help, commitment, and editorial skills.

The information in this issue will provide you with an invaluable amount of information that is clinically applicable and defendable.